

Consecration to Our Lady of Sorrows

Holy Mary, Mother of God
and Queen of Martyrs,
I do this day choose you as my model,
protectress and advocate.
Receive me as your special servant,
as a partaker in your sufferings.
Give me strength always to remain close to Jesus
your Son who died on the cross for me.
Accept every good work that I may perform,
and offer it to your Son for me.
Dear Mother, stand by me in all my actions,
that they may be directed to the glory of God.
Amen.

Traditional Prayer To Our Sorrowful Mother

O Most Sorrowful Mother Mary,
who stood by your Son as He suffered
on the cross, I come before you with
a heavy heart. You know pain and sorrow
as no other human does, and you offer
your motherly comfort to all who are burdened.
I bring you my sufferings, my fears
and my wounds. Wrap me in your mantle
of compassion and lead me ever closer
to the Sacred Heart of Jesus.
Help me to carry my own cross
with faith, hope and love,
and to unite my sufferings with His.
Our Lady of Sorrows, be with me
in times of grief, in trials and in
moments of despair. Pray for me,
that I may grow stronger through suffering
and become more deeply united to Christ.
Amen.



Mary's Circle of Hope Daily Prayer

Blessed Mother Mary,
In times of darkness,
when clouds gather and we cannot find our way,
you bring us light and hope!
You bring us to your son, Jesus!
And so we turn to you today with confidence and trust:
Holy Mary, teach us to never lose hope.
Obedient Mary, show us how to follow
your son's will for us.
Faithful Mary, help us to follow your example
of simplicity, tenderness and trust.
Quiet Mary, guide us in the way of tranquility and peace.
Blessed Mary, walk beside us as we journey
through life, through times of struggle and worry,
in moments of loneliness and fear.
Wrap us in your mantle of motherly protection,
to dwell in eternal hope.
O Mary, Mother of Hope,
open our hearts to love generously,
to give selflessly,
to pray ceaselessly,
to become, like you, beacons of God's love
in the world, so that we may one day see
you face-to-face, our Mother, our Protector,
our Hope.
Amen.

*Though seven sorrows pierced her heart,
Her faith remained a shining flame,
She chose God's will in every part,
And glorified His holy name.*



MARY'S CIRCLE OF HOPE

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MARY'S CIRCLE OF HOPE

Honoring our Blessed Mother
in Fellowship through Prayer.



Memorial of Our Lady of Sorrows

FEAST DAY: SEPTEMBER 15, 2026

*"At the Cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last..."*

- Stabat Mater Dolorosa Hymn

SEPTEMBER 2026 PRAYER INTENTION

O Holy Mother of Sorrows, remain with us through times of trial, help us carry our crosses and draw us closer to Jesus with faithful devotion. Amen.

The Devotion to Our Lady of Sorrows

is rooted in the Gospel of St. John, recorded in the first century. There, amidst the agony of the crucifixion Mary stands faithfully by Jesus at the foot of His cross. Throughout our Blessed Mother's entire life her heart beat in unison with her divine Son's sacred mission, sharing completely in the anguish of every trial, Passion, and sorrow that Christ endured for our redemption.

In the 11th century the enduring tradition of remembering Mary's sorrowful journeys began to stir in the hearts of the faithful as they meditated on her sacrifices. By 1233 the Servite Order was established, spurred by its founders' visions of Mary, and fervently spread the devotion.

The Church guided the devotion from then on and deepened its liturgical meaning. Finally in 1913 Saint Pope Pius X fixed the Feast of Our Lady of Sorrows on September 15 – the day after the Feast of the Exaltation of the Holy Cross – linking Mary's grief to her Son's earthly death. Our Lady of Sorrows is now honored by the Church during the month of September, reminding us that through every trial, we never walk alone because she is with us, leading us to Jesus.



The Seven Sorrows of Mary

The Seven Sorrows recall seven moments of profound grief in the life of our Blessed Mother. By reflecting on them every day, we unite our sufferings with hers and draw strength from her compassion and faith.

After each prayer below recite: *Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.*

1. PROPHECY OF SIMEON

"Behold, this child is destined for the fall and rise of many in Israel... and you yourself a sword will pierce..."
– Luke 2:34-35

Prayer: Mother of Sorrows, help us to trust God's will even when it brings uncertainty and sacrifice.

2. FLIGHT INTO EGYPT

"Rise, take the child and his mother, flee to Egypt... Herod is going to search for the child to destroy him..." – Matthew 2:13-14

Prayer: Mother of Sorrows, protect all families who face displacement, danger, fear or hardship.



3. LOSS OF THE CHILD JESUS IN THE TEMPLE

"After three days they found him in the temple, sitting in the midst of the teachers..."
– Luke 2:46

Prayer: Mother of Sorrows, when we feel lost or distant from God, lead us back to Christ.

4. MARY MEETS JESUS CARRYING THE CROSS

"A large crowd of people followed Jesus, including many women who mourned him."
– Luke 23:27-28

Prayer: Mother of Sorrows, grant us your compassion to help carry the crosses of those who suffer.

5. CRUCIFIXION AND DEATH OF JESUS

"Standing by the cross of Jesus were his mother... he said, 'It is finished.' And bowing his head, he handed over the spirit."
– John 19:25-30

Prayer: Mother of Sorrows, let us remain faithful to Christ in every moment of sacrifice and suffering.

6. JESUS IS TAKEN DOWN FROM THE CROSS

"They took the body of Jesus and bound it with burial cloths..." – John 19:38-40

Prayer: Mother of Sorrows, comfort all who mourn and strengthen those devastated by grief.

7. JESUS IS LAID IN THE TOMB

"Now in the place where he had been crucified there was a garden, and in the garden a new tomb, in which no one had yet been buried." – John 19:41-42

Prayer: Mother of Sorrows, teach us to hope in God's promises even in life's darkest moments.

